



MOVING CHECKLIST



The moving process can be stressful. This list is designed to help reduce the stress by taking care of some of the most critical details of your move.

EIGHT WEEKS BEFORE

- ___ Line up movers.
- ___ Look into truck rental prices, if you're doing it yourself.
- ___ Make an inventory of everything you own.
- ___ Decide what goes in the truck, car or trash.
- ___ Consider where you want to place furniture in your new home.

SIX WEEKS BEFORE

- ___ Clear out your closets.
- ___ Have a yard sale.
- ___ Transfer your children's academic records to their new school.
- ___ Transfer medical records to your new doctor.

FOUR WEEKS BEFORE

- ___ Reserve a truck or trailer for a DIY move.
- ___ Confirm the booking with your moving company.
- ___ Arrange to have the movers come over two days before moving day, if they are packing for you.
- ___ Get boxes and packing tape, if you are doing it yourself
- ___ Start packing out-of-season clothing and other items you won't need right away.
- ___ Fill out change-of-address cards at the post office.
- ___ Notify friends, family, the bank and your insurance agent of your new address.
- ___ Pre-order appliances, furniture, dishes and cutlery.
- ___ Send a change-of-address email to any magazines you subscribe to.
- ___ Make copies of important papers, such as birth certificates, passports, medical and dental records.

THREE WEEKS BEFORE

- ___ Arrange to have the utilities disconnected a few days after the move.
- ___ Get the utilities set up at your new residence.
- ___ Start packing room by room.
- ___ Arrange for a babysitter on moving day if you need one.
- ___ Reserve the freight elevator in your building for moving day.

TWO WEEKS BEFORE

- ___ Arrange to move plants and pets.
- ___ Get rid of items you're not allowed to move, such as gasoline and propane.
- ___ Keep packing.
- ___ Line up helpers to assist with loading your rental truck.
- ___ Consider hiring a plumber or electrician to disconnect appliances you plan to move.

ONE WEEK BEFORE

- ___ Open your new bank accounts if you're making a long-distance move.
- ___ Make sure you have enough medication to last through the move.
- ___ Have your doctor write a new prescription you can fill after you move.
- ___ Defrost the refrigerator two days before you move

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